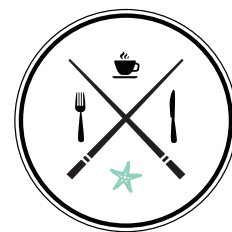


# THE BOWER



## BREAKFAST

8:00am - 11:30am

PLEASE ORDER AT THE COUNTER

Seasonal Fruit platter crunchy granola, Australian fruits & organic orange blossom yoghurt (v)	15.5	Snow Pea Salad avocado, a poached egg & sourdough (d/f)	16
Coconut Bircher mango, toasted almonds & organic yoghurt (v)	16.5	Avocado on Sourdough roasted tomatoes & lemon (v, d/f) - add a poached egg	17 3
Cauliflower Salad roasted cauliflower, kale, tofu, poached egg & mint yoghurt (v, g/f)	18	Poached Free Range Eggs & Sourdough (d/f) - add bacon - add avocado - add avocado & bacon	13.5 5 6 9
Takumi Breakfast Burger double bacon, double fried egg, cheese, avocado, crispy lettuce, kimchi mayo & sweet potato fries	20	Chia Jar Turmeric, Ginger, Orange & Honey (v, d/f, g/f)	14
Okonomiyaki Savoury Japanese pancake, cabbage, potatoes flaked smoked salmon & Japanese mayo (d/f)	19.5	Maple Bacon Bagel banana & popcorn (d/f)	18

## SIDES

bacon	5	maple bacon	6	grilled haloumi	7	extra egg	3
sweet potato fries	7	avocado	6	roasted or fresh tomato	4		

## TOASTS

AVAILABLE ALL DAY

Banana Bread or Walnut, Date & Fruit Bread  
w/ Organic Yoghurt 9.5

Gluten Free Bread 8.5  
Local Sourdough 7

## BREAKFAST COCKTAILS



House Sparkling King Valley, VIC	glass 10	bottle 45	Seaside Spritz Aperol, Sparkling, Orange Wheel	14
Plum & Peach Bellini Plum wine, Peach & Sparkling		14	Bower Mary Ketel One Vodka, Tomato Juice, Salt & Pepper, Japanese Worcestershire	14

We are proud to source our produce from local suppliers • notify staff of any allergies



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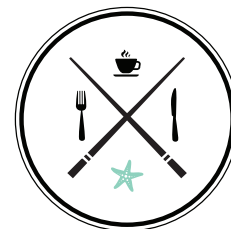
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# COFFEE GUIDE

**PLEASE ORDER  
AT THE COUNTER**



## ALL REGULAR COFFEES 4

## EXTRA SHOT 0.5



### LONG BLACK

2 shots of Single Origin Coffee  
Brewed over hot water



### SHORT BLACK

1 shot of Single Origin Coffee  
0 parts of anything else



### FLAT WHITE

1 shot of Espresso  
steamed milk



### CAPPUCCINO

1 shot of Espresso  
1/3 hot milk  
1/3 steamed milk froth



### LATTE

1 shot of Espresso  
2/3 steamed milk  
topped with milk froth



### PICCOLO

1 shot of Espresso  
steamed milk froth



### MOCHA

1 shot of Espresso  
1/3 steamed milk  
1/3 chocolate  
topped with milk froth



### FRESHLY BREWED LEAF TEA 5

EBT / EGT /  
GREEN / PEPPERMINT /  
LEMON GRASS GINGER

## WHAT ELSE?

Spicy Chai Latte 5 | Hot Choc (Mug) 5 | Babyccino 2.5  
Fresh brewed loose leaf Chai 6 | Iced Latte / Long Black 4.5  
Ice Coffee / Mocha / Chocolate (ice cream) 6



DECAF - Single Origin Colombia

Almond Milk, Coconut Milk, Bonsoy,  
Lactose Free Milk

1

1

BATCH BREW- MUG 5

COLD BREW- MUG 5

ICE TEA- HOME MADE 5

Fresh Drinking  
Coconut

7.5

Green Juice:  
cucumber, apple,  
spinach, kale

8.5

Red Juice:  
Carrot, beetroot,  
ginger, celery

8.5

Apple Juice

5

Pineapple Juice

5

Fresh Orange Juice

7.5

Coke (Diet)

4.5

Fanta / Lemonade

4.5

## STILL THIRSTY?

Ginger Beer

5.5

Pink Lemonade

4.5

Lemon, Lime & Bitters

5

Antipodes NZ

- Sparkling or Still 8.5 11.5



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